

Troop \_\_\_\_\_

# Camping Notebook

This Notebook Belongs to:

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At my Girl Scout Meetings, I always say  
the Girl Scout Promise.

I will write the promise down here:

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This is the Girl Scout Law:

I will do my best to be

Honest and fair,

Friendly and helpful,

Considerate and caring,

Courageous and strong, and

Responsible for what I say and do,

And to

Respect myself and others,

Respect authority,

Use resources wisely,

Make the world a better place, and

Be a sister to every Girl Scout.



Every Girl Scout promises to obey this law!

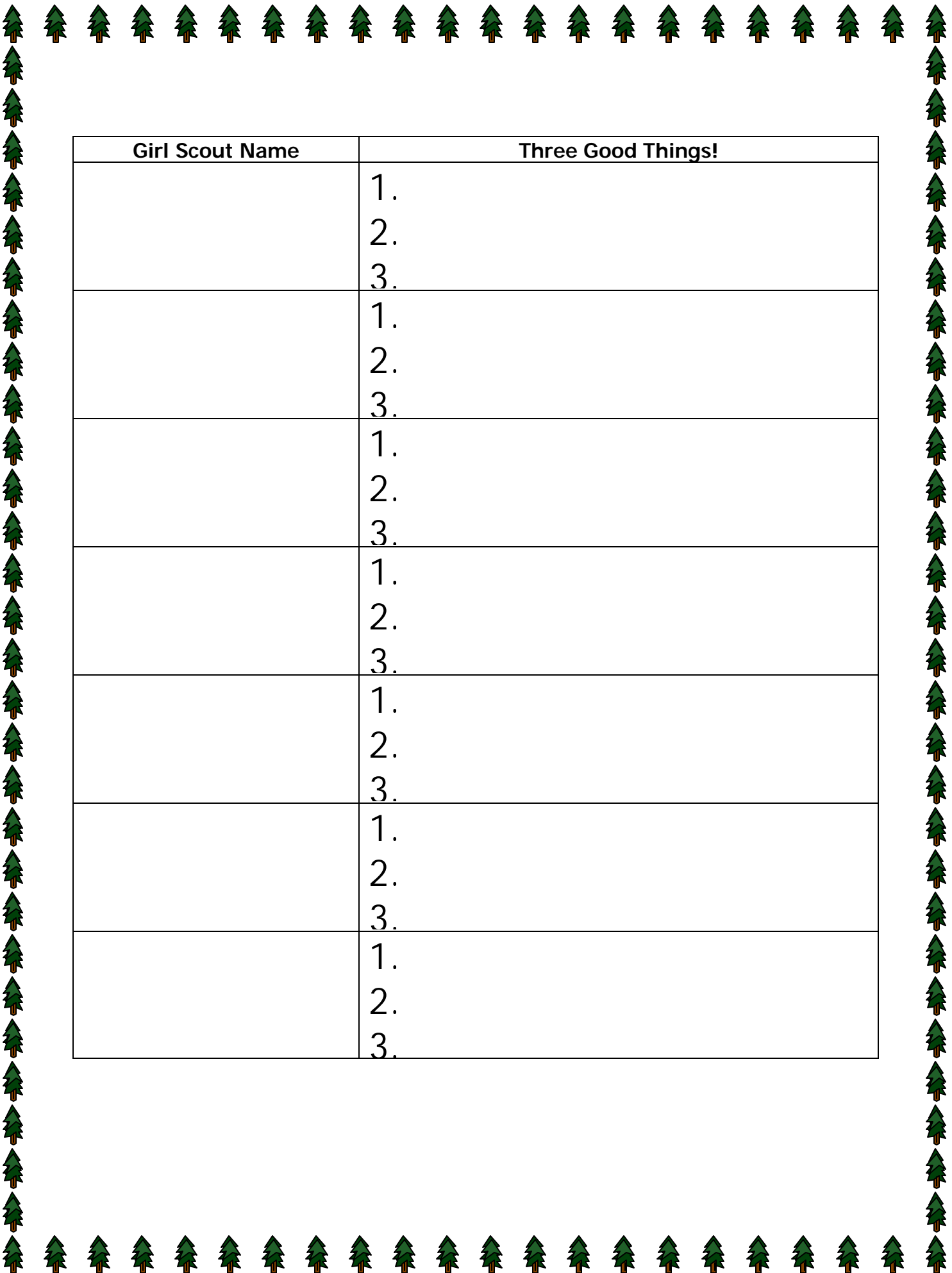
# Before I Go Camping with My Troop...

I need to be able to work with all the girls in the troop, not just my best friends!

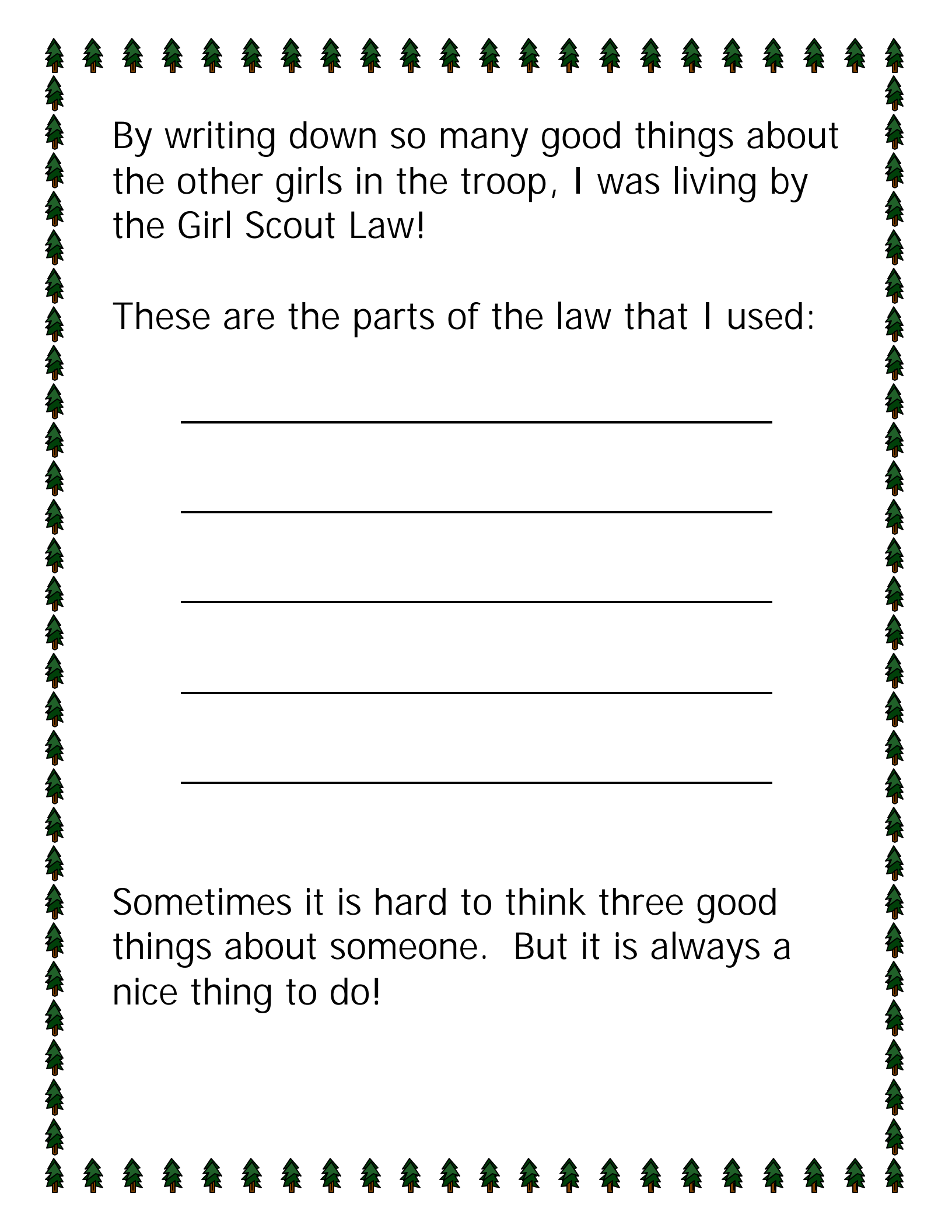
On the next page(s), I have listed three special good things about every girl in the troop. I even list three good things about me!



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Girl Scout Name	Three Good Things!
	1. 2. 3.
	1. 2. 3.
	1. 2. 3.
	1. 2. 3.
	1. 2. 3.
	1. 2. 3.
	1. 2. 3.



By writing down so many good things about the other girls in the troop, I was living by the Girl Scout Law!

These are the parts of the law that I used:

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Sometimes it is hard to think three good things about someone. But it is always a nice thing to do!



# Safety is always important to Girl Scouts!

At camp, we follow many safety rules!

These are the most important:

- ? Do not go anywhere alone, always have at least one buddy;
- ? Always make sure the leader gives us permission to go when we want to go someplace without the whole troop.
- ? Each person sleeps in her own assigned place – we don't share beds or sleeping bags!
- ? Girls are not allowed in Adult Tents;
- ? Adults should not go into Girl Tents unless there is a very important reason.
- ? We ALWAYS follow the leader's instructions!



# Fire Safety

In Girl Scouts, we learn outdoor skills!

One of these skills is Fire Building.

## The Fire Rules

??The fire must be respected at all times.

??There is no running, skipping, etc. in the fire circle when the fire is lit. There is only WALKING CAREFULLY.

??There is always a filled water bucket nearby.

??The only girls who put anything into the fire are the assigned fire builders

??Any hair that is shoulder length or longer must be completely TIED BACK when the fire is burning.

??No loose clothing should be worn around the fireplace.



# More Fire Safety

I know that the fire rules are important.  
The reason why it's important to follow all  
of the fire rules is:

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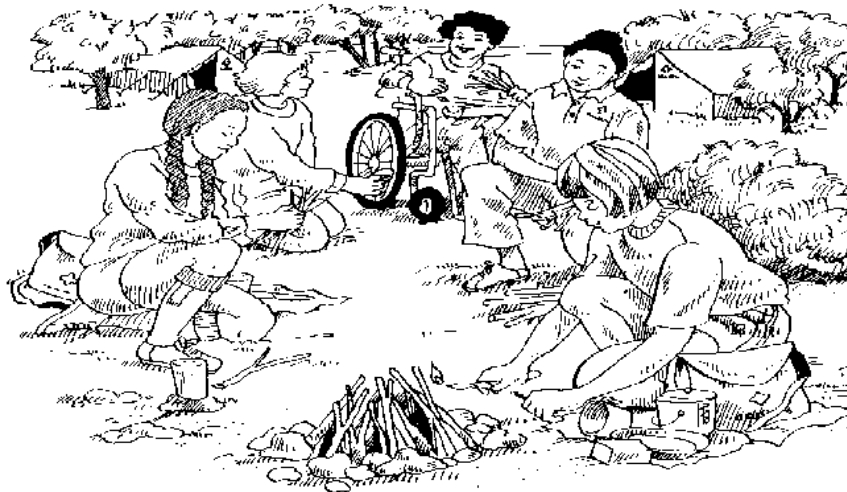
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Fun!

It is important to have fun when we camp!  
These are the things my troop talked about  
doing:

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The things I really want to do at camp are:



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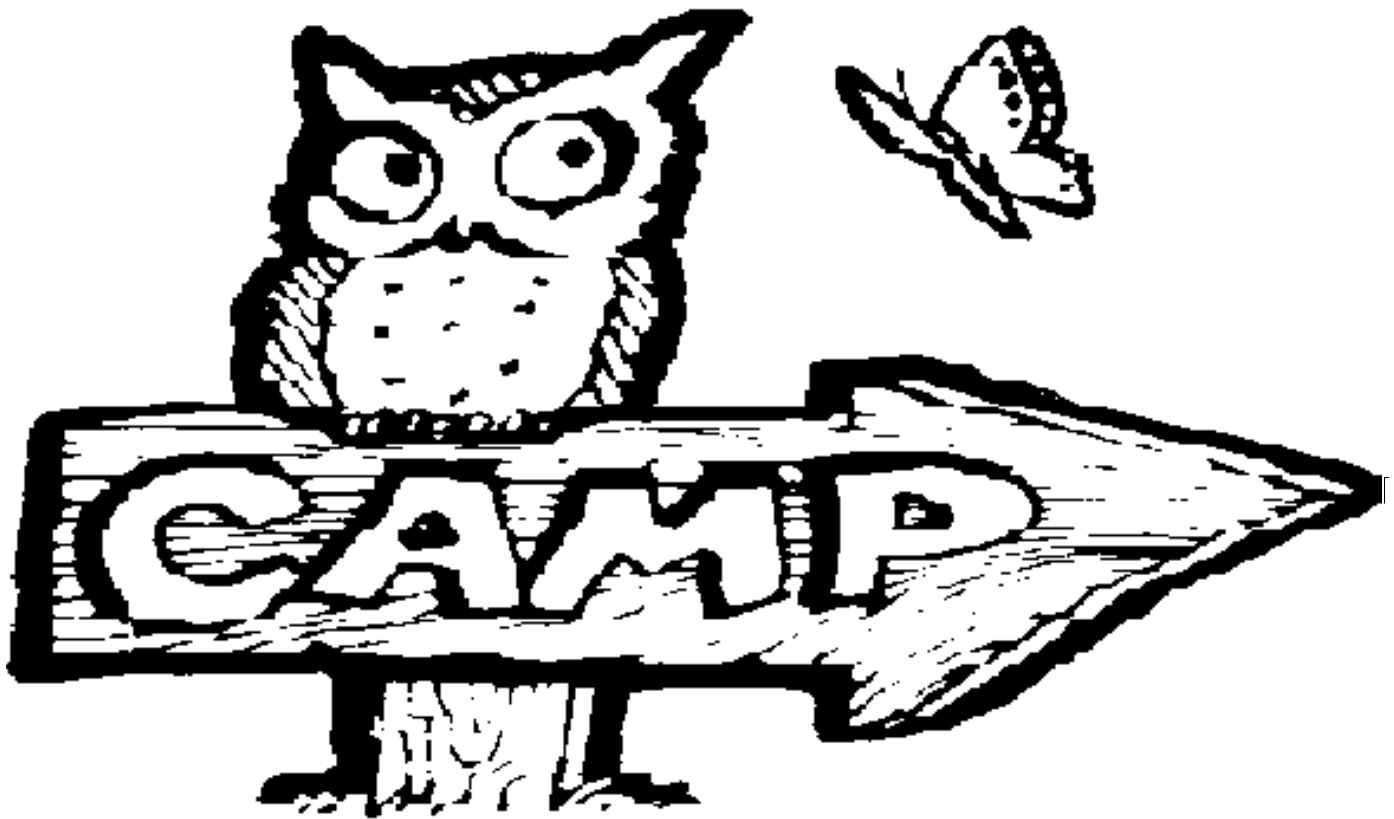
# The Checklist!


Before I go to camp with my troop, I need to make sure I'm ready to go.

## I need to prove to myself and the whole troop that:

- ?? I can be a good friend to all of the girls in the troop, not just one or two girls;
- ?? I follow directions from the leaders;
- ?? I do not cry, whine, or refuse to play if I lose a game or do not get my own way all the time;
- ?? I am willing to do new things, even if they are hard;
- ?? I understand and follow the Girl Scout Law;
- ?? I am willing to have as much fun as we can – and willing to help clean up quickly and well when we need to;
- ?? I can spend the night away from home without being too homesick;
- ?? I can help other girls who might be having trouble doing something I can do;
- ?? I know some funny jokes, stories, and riddles to tell around the campfire!!!

Now that I've decided that I'm all ready for camp, these are the things that the troop has to do before we go!!





When we go to camp together as a troop, these are the things we have to plan ahead of time:

**We have to plan for 3 healthy meals a day!**

I know the food groups from the food pyramid! They are:

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**We have to plan activities!**

Crafts? Hiking? Night Hiking? Swimming?  
Canoeing? Ceremonies!




And we need to be prepared to clean up after ourselves...

We have to:

- ??Make sure everything we borrowed is returned;
- ??Sweep and Clean the Kitchen Areas;
- ??Sweep and Clean the Tents;
- ??And... Clean out the bathrooms or latrines!





The Graphics on the preceding pages can be found at the following web sites:

<http://clipart.usscouts.org/html/library.htm>

<http://www.geocities.com/~graphmaster/>

Thanks!