

Ideas for Fall

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Girl Scout Traditions: The Story of Juliette Low

This interactive story is one way to celebrate Juliette Low's birthday on October 31.

Divide the group into eight groups. They are assigned the following names with actions and sounds effects for the story reading.



Little Girls—Stand and giggle

Juliette Low—Curtsy and say "Be my friend"

Georgia—Say "Hey you all"

Horses—Say "Neiighh"

Lord Baden Powell—Bow formally and say "How do ya do"

London—Sing "London Bridges Falling Down"

Boy Scouts—Make the Scout sign and say "Be Prepared"

Girl Scouts—Sing one line of "Girl Scouts Together"

The Story

Once upon a time there was a little girl named Juliette Low who lived in Georgia and loved to ride horses. After she grew up, she traveled to London where she met Lord Baden Powell who founded the Boy Scouts. She was impressed by the work he was doing. She studied him for awhile and decided to start a troop of Girl Scouts for the little girls in Georgia who liked to ride horses. So, Juliette Low said good-bye to the Boy Scouts and London. She thanked Lord Baden Powell for the idea he gave her. In Georgia, she invited all the little girls who liked to ride horses to be together and form a Girl Scout troop. They loved the idea so much that word spread and soon there were troops all over the world who loved all different things.

Read fast: Now, aren't we glad that a little girl named Juliette Low who lived in Georgia and loved horses went to London to meet Lord Baden Powell, founder of the Boy Scouts and came home to start the wonderful world of Girl Scouts.

Girl Scout Traditions: Tootsie Roll Name Game

Here is a great way to start your first meeting of the year. Girls place the ingredients below into a large Ziploc bag. Seal the bag and place into a second bag and seal. Everyone sits in a circle. The first girl starts to knead the bag while she tells the group her name and a little about herself then passes the bag to the next girl. Girls must knead while they talk. When everyone is done roll into rope shapes, cut and eat (or wrap in plastic wrap).

2 Tbsp butter (softened)

1/2 cup unsweetened cocoa powder

3 cups confectioners sugar

1 tsp vanilla extract

3/4 cup powder milk

1/2 cup corn syrup



Coming in the Fall

Calendar Sales—September

Share Campaign—September

Juliette Low's Birthday—Oct 31

Cookie Manager Training—November

For more Get Acquainted games try [:Games for Girl Scouts by GSUSA](#).

Swap: Squirrel Buddies

This cute swap for fall encampments. You will need:

small cork (available in crafts stores)	small wiggle eyes
cotton ball	tiny brown pompom ball
brown paper or fun foam	brown marker
scissors	glue
safety pin	



The cork will be the body of the squirrel. Stretch the cotton ball and shape a tail. Dab the tail with the brown marker for color then glue to the bottom back of the squirrel body. Glue eyes and (tiny ball) nose to front. Cut two small triangles from paper or foam about the size of tiny ball nose. Glue to the top front for ears. Glue pin to back.

Seasonal Fun: Squirreling Around



You will need peanuts still in their shells. This can be played inside or outside. Before your meeting hide the nuts all over your meeting place.

Talk with the girls about how squirrels are found all over the world. They bury nuts in the fall and dig them up when food is scarce. Have them pretend they are squirrels and see how many nuts they can find.

How do squirrels remember where they bury their nuts? To make this game harder, have the girls hide their own nuts outside. Wait until next week's meeting and see if they can remember where they are, but don't be surprised if the squirrels get to them first.

Girl Scout Traditions: Investiture Ceremony Tree

Girls will need to gather leaves (one per girl) and find a fallen branch about 2 feet tall (one per troop or patrol) .

You will also need:

clear contact paper	thin ribbon	paper
glue	3 inch clay pot	plaster of Paris
paper towels	newspapers	heavy books
markers	scissors	



Wash leaves in luke warm water. Pat dry with a paper towel. Place between layers of newspapers. Place heavy phone-books on top and leave for a week or two.

With the paper and markers have each girl write an element that fits your ceremony. Some suggestions are the parts to the Girl Scout Law, each girls name, or a reason she wants to be a Girl Scout. The paper should be cut smaller than the leaf and placed in the center of the leaf. Cover both sides of the leaf with contact paper. Trim to the leaf shape but leave on edge of contact paper stuck to itself. Glue a small piece of ribbon formed into a loop to the top of the leaf.

Place something in the pot to block hole. Mix plaster to directions and pour into pot. Add the tree branch and let set.

Your tree is ready for girls to add their leaves in a creative ceremony.



Seasonal Fun: Apple Party

This is the time of year that apples are at their best and there are many ways to have fun with apples. Below are just a few suggestions.

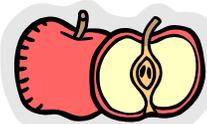


1) Take a field trip and go to an orchard and **Pick your own Apples** before the party. This is much more fun than getting them from the grocery store. Some local sites can be found at: <http://www.our-kids.com/pyo.htm>

2) Make **Apple Frost**: You will need: 1/2 cup apple juice, 1 quart vanilla ice cream, 2 cups chopped, red apples, unpeeled, 1 teaspoon cinnamon, 1 teaspoon ginger, and 1/4 cup chopped walnuts. Place 1/2 of all ingredients in blender container, omitting walnuts. Blend on medium speed until smooth, stopping blender several times to scrape container. Add nuts and blend only until chopped. Repeat step 1 with remaining ingredients. Serve immediately with apple slice garnish, if desired. *Yield: 6 servings.*

3) Make **Baked Peachy Apples**: You will need: 6 medium apples, 1/4 cup peach preserves, 1/4 teaspoon cinnamon, 1/4 cup apple juice, and 3/4 cup crumbled chewy oatmeal cookies. Cut apples in half and core. Place in 13 x 9 x 2-inch baking pan, cut side up. Combine preserves, cinnamon and apple juice or cider. Drizzle over cut sides of apples. Cover pan tightly with foil. Bake in 350° F. oven about 35 minutes or until apples are just tender. Sprinkle crumbled cookies over cut surface of apples and drizzle with preserves mixture in bottom of pan. Bake 5 minutes longer, uncovered. Serve warm or cold with whipped topping or frozen vanilla yogurt, if desired. *Yield: 6 servings.*

4) On old time favorite: **Bob for Apples**: The girls love this. If you are worried about the girls putting their mouths on too many apples, only put one apple at a time in the water.



5) **Apple Prints**: Make placemats or tablecloths for your party. You will need: apples, a sharp knife, acrylic paints, paper or cloth placemats or tablecloths, foam plate (optional: other fruits or veggies). Slice apples in half, trying to get exposed seeds and core on both sides. Place paint on plate, dip open end of apple in paint and design away.

6) **Apple Dance**: Girls pick a partner. Partners face each other with everyone forming a large circle. Putting the apple between their foreheads, girls must dance, rotating the circle. Goal is to complete a song without dropping the apple. A lively country tune works best. It is harder than it sounds. For a little competition, eliminate couples as they drop apples.

7) **Apple Wreaths or Ornaments**: Do the first step of this activity at the beginning of a long party or the week before for a shorter one. You will need: apples, lemon juice, sharp knife, oven, spray acrylic glaze, ribbon, cardboard wreath shaped ring, tacky glue, cinnamon sticks, baby's breath, small dried flowers, or other decorations. Make thin slices of apples trying to keep an apple shape with each slice. Soak slices in half water and half lemon juice. Bake on warm for 2 hours. Let apples slices cool. Spray with glaze. Arrange and glue apple slices around cardboard ring. Add decorations as desired. For ornaments just decorate as desired and glue on a ribbon loop to the top.

8) Share the tale of **Johnny Appleseed** with a story time or by having the girls put on a skit. You can find many books of the tale at your local library or try <http://www.applejuice.org/johnnyappleseed.html>

Holiday Fun: Scarecrow Kids

You will need: brown lunch bags newspapers, orange, green and black paint or markers, old baby clothes, rubber bands, safety pins, and a bale of straw. Stuff the bags with paper, shaping a pumpkin and close off with a rubber band, making a stem. Color and make a face. Pick an outfit (if 2 piece, pin together to make one). Rubber band the legs and arms close. Stuff with straw. Add pumpkin head.

Holiday Fun: Pumpkin Seed Race

You will need: 2 cups and ten pumpkin seeds for every team and a straw for every girl. Divide into teams. Place a cup with 10 seeds at the beginning of the relay line and an empty cup at the other end. By using the straw the girls have to pick up a seed and carry it to the cup at the end. Object is to get all the seeds for one cup to the other. If they drop one, they must return it to the cup and the next girl on the team goes.



Program Suggestions

While the weather is still nice, ask your girls if they would like to plan a trip to the zoo and try out GSCNC's **Zoo Safari Animal Patch Program**

Start out your year by learning about Girl Scouting with **Girls Scouts Way Try-it**
Or
Girl Scouting in the USA Badge

Check out this site:
<http://jfg.girlscouts.org/>



Girl Scout Traditions: Daisy Investiture

You will need:

clothespins
scissors

poster board or colored paper
markers

Trace and cut out a large circle about 12 inches across. Glue clothespins around the outer edge (one for every girl). Have the girls each cut out and decorate a 12 inch daisy petal. Petals can have the name of the girl on them or one of the laws. As you invest the girls, they can promise to do their very best to be: (read a law) and she clips her petal to the circle. When the daisy is complete, welcome the girls to Daisy Girl Scouts. Another Daisy ceremony option with petals can be found in *GSUSA Ceremonies for Girl Scouts*.

For a Brownie Investiture Ceremony read the *Brownie Story* in the *Brownie Handbook*

Swap: Sunflower Locket

You will need:

sunflower seeds
brown crafts foam
scissors
Shapry marker

small plastic condiment cup with lid (like you get at McDonalds)
tacky glue
small wiggle eyes

Trace lid on brown foam, cut and glue circle to top of lid. Glue seeds around outer edge of foam circle for petals. Glue eyes to center and draw a mouth. Put the lid back on the cup. Glue pin to bottom of the cup.



Service Projects

All Levels: Council-Wide Service Project with WUSA Channel 9:

We have established a partnership with WUSA 9 for this year's "**School Supplies 9**" which begins in **August**. Girl Scouts and their families will be involved in collecting new school supplies for this region's less fortunate children. Once **School Supplies 9** has officially begun in **August**, Girl Scouts and their families will be instructed to drop off school supplies at the nearest SunTrust Bank in their areas. We want to emphasize that **all collected supplies will remain in the area/school district where they were deposited.**

Daisies/Brownies: Secret Deeds for Family – Do special things for each member of your family – just don't let them know who their special helper is!

Junior: Birthday Boxes – Create Birthday Boxes to donate to a local food bank. Each Birthday Box contains a disposable cake pan, cake mix, frosting, candles, plastic silverware, and party supplies (plates, cups, napkins, tablecloth, party hats and party horns). Each box can have a theme. Each box can be wrapped in birthday wrap and labeled for a boy or girl.

Cadettes/Seniors: Adult Puzzle Bags – Fill bags with adult word search books, paper, pens, pencils, writing paper, crossword puzzles, comics etc and send to a local VA Hospital.