1/4/2010	Meal	Time	Food	Beverage	Place	Calories	Comments
MONDAY							
	Breakfast Lunch	8:00:00 AM					
	Dinner						
	Snack						
	Exercise						
1/5/2010 TUESDAY	Meal	Time	Food	Beverage	Place	Calories	Comments
	Deselvies						
	Breakfast Lunch						
	Dinner						
	Snack						
	Evandas						
	Exercise						
1/6/2010 WEDNE SDAY	Meal	Time	Food	Beverage	Place	Calories	Comments
	Breakfast						
	Lunch						
	Dinner						
	Snack						
	Exercise						
	FVELCISE						
			_	_			_
1/7/2010 THUR SDAY	Meal	Time	Food	Beverage	Place	Calories	Comments
	Breakfast						
	Lunch						
	Dinner						
	Snack						
	Exercise						
	LACICISE						
1/8/2010 FRIDAY	Meal	Time	Food	Beverage	Place	Calories	Comments
	Breakfast						
	Lunch						
	Dinner						
	Snack						
	Exercise						
	-ACIVISE						
1/9/2010 SATURDAY	Meal	Time	Food	Beverage	Place	Calories	Comments
	Breakfast						
	Lunch						
	Dinner						
	Snack						
	Exercise						
1/10/2010	Meal	Time	East	Barrana	Diagram	Calories	Comments
1/10/2010 SUNDAY	ivieal	Time	Food	Beverage	Place	Calories	Comments
	Breakfast						
	Lunch						
	Dinner						
	Snack						
	Exercise						