Average Distances for Different Golf Clubs

Some golfers hit the ball further than others. While most of us enjoy hitting the ball a long way, the important thing is to understand how far you can hit the ball with each club in your bag. Use this chart to fill in your own distances.

Club	MEN - Yards	Women - Yards	Your Yardage Date	Your Yardage Date	Your Yardage Date	Your Yardage Date	Your Yardage Date
Driver	230 and up	180 and up					
3-wood	210-230	170 - 185					
4-wood	190-210	155-170					
5-wood	170-190	140-155					
7-wood	rarely used	130-145					
2-iron	170-190	rarely used					
3-iron	160-180	140-160					
4-iron	150-170	130-150					
5-iron	140-160	120-140					
6-iron	130-150	110-130					
7-iron	120-140	100-120					
8-iron	110-130	90-110					
9-iron	100-120	80-100					
pitching wedge	90-110	70-90					
sand wedge	up to 100	up to 80					
60 degree wedge	up to 60	up to 40					