

## ADVANCE DIRECTIVE FOR HEALTH CARE (LIVING WILL AND HEALTH CARE PROXY)

This form may be used in the state of Alabama to make your wishes known about what medical treatment or other care you would or would not want if you become too sick to speak for yourself. You are not required to have an advance directive. If you do have an advance directive, be sure that your doctor, family, and friends know you have one and know where it is located.

### SECTION I. LIVING WILL

I, \_\_\_\_\_, being of sound mind and at least 17 years old, would like to make the following wishes known to direct that my family, my doctor and health care workers, and all others follow the directions I am writing down. I know this is my time. You change my mind about these directions by tearing up this form and writing a new one. I will sign the form with these directions by tearing them up and by telling someone outside of my family who wishes and asking him or her to write them down.

I understand that these directions will only be used if I am not able to speak for myself.

#### A. TERMINAL ILLNESS OR INJURY

Typically if it is agreed to when my family and medical workers think that I have a condition that cannot be cured and that I will likely die in the next hours from this condition:

I do not want any medical machines, drugs, machines, or medical procedures that would keep me alive but would not cure me. If you think I will die if I choose not to have life-sustaining treatment, I will not get such life-sustaining treatment. Do not do CPR and keep me comfortable.

#### PLACE YOUR INITIALS ON EITHER "YES" OR "NO":

I want to have life-sustaining treatment if I am terminally ill or injured.

YES \_\_\_\_\_ NO \_\_\_\_\_

#### B. ARTIFICIALLY SUPPLEMENTED FOOD AND HYDRATION (FOOD AND WATER THROUGH A TUBE OR AN IV)

I understand that if I am terminally ill or injured I may need to be given food and water through a tube or an IV to keep me alive until you no longer think it is better for my situation or my wishes with someone helping me.

#### PLACE YOUR INITIALS ON EITHER "YES" OR "NO":